

# South East Mental Health Network



The regional HSJ Regional Network meetings are initiated and organised by Wilmington Healthcare. These Events are supported by Janssen through the provision of sponsorship. Other companies may have also paid to attend. These companies have had no input into the design or content of the agenda but will be present on the day.

**Date:** Tuesday 6 November 2018

**Venue:** Holiday Inn Guildford GU2 7XZ

**Chair:** Claire Murdoch - National Mental Health Director for NHS England; Chief Executive of Central and North West London NHS Foundation Trust

- *What progress have we made in the last 6 months and how can working across the STP/ICS help us continue to improve locally?*

**12.00** Registration, lunch and networking

**12.45** Aims & objectives: **Paul Midgley – Director of Network Events, Wilmington Healthcare**

**14.40** Panel Q+A/table feedback: Speakers

**12.50** Chair introduction: **Claire Murdoch**

**15.00** Break and networking

**13.00** NHS England – Developing community mental health services and older people’s mental health/dementia: **Léa Renoux-Wood, NHS England Adult Mental Health Team**

**15.15** NICE - Improving care and support for people with dementia: **Chris Connell - Associate Director, NICE Field Team (South)**

**13.30** GIRFT overview: **Dr Sridevi Kalidindi - Consultant Psychiatrist in Rehabilitation & Recover, SLAM NHS Foundation Trust; National Clinical Lead, GIRFT Mental Health Rehabilitation, NHSI**

**Session Two: Tackling Enduring Depression**

**15.35** Outcomes, pathways and costing developments to improve outcomes for people with severe and persistent depression: **Professor David Kingdon – Clinical Director (AMH), Southern Health NHS Trust**

**Session One: Physical Healthcare in Severe Mental Illness**

**13.45** Update on the Bradford physical healthcare model: **Kate Dale – Physical Health Project Lead, Yorkshire and Humber AHSN and Bradford District Care NHS Foundation Trust**

**15.50** Treatment pathways for cases of enduring depression: **Professor Catherine Kinane – Executive Medical Director and Professor Anthony Hale – Consultant Psychiatrist and Professor of Psychiatry, Kent and Medway NHS & Social Care Partnership Trust**

**14.05** London Mental Health Transformation programme – improving the physical health of people with SMI: **Dr Ofra Koffman – Programme lead, SMI Mortality Gap, Mental Health Clinical Network**

**16.05** Directed table discussions:

**14.20** Directed table discussions:

- *What steps are we taking to increase the chances of patients with Psychosis/SMI being routinely screened and treated for any physical health conditions?*
- *What are we doing to reduce the risks of inducing physical health problems from our prescribing for SMI conditions?*
- *Who needs to be involved in ensuring physical health checks and management is systematically offered across all parts of the patient’s journey, and how are we recording/auditing this?*

- *Do we have a register of patients with enduring/resistant depression?*
- *What are we doing to treat such patients currently, do we commission a specific service and if so where from? Do we know the outcomes this delivers, if so what are they?*
- *Who needs to be involved in developing a service spec to ensure an optimal recovery-focused service is offered to such patients and what are the success measures/KPIs?*
- *What progress have we made in the last 6 months and how can working across the STP/ICS help us continue to improve locally?*

**16.25** Panel Q+A/table feedback: Speakers

**16.45** Chair’s summary and key actions: **Claire Murdoch**

**17.00** Meeting Close

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### Presentation Overview

#### **London Mental Health Transformation programme – improving the physical health of people with SMI**

A presentation about the work of the pan-London programme which will include examples of good practice in the region and details of an available supporting online resource.