

HSJ Diabetes Mellitus Network South East

The HSJ Regional Network meetings are initiated and organised by Wilmington Healthcare. This event is supported by MSD through the provision of sponsorship. Novo Nordisk has also paid to attend. These companies have had no input into the design or content of the agenda but will be present on the day.

Date: Wednesday 19 June 2019

Venue: Holiday Inn Guildford

Chair: Professor Ian Macdonald - Professor of Metabolic Physiology, University of Nottingham; NHS Ethics Committee Researcher; Joint Editor of the International Journal of Obesity; International Union of Nutritional Sciences Fellow; Royal Society of Biology Fellow; Association for Nutrition Fellow; UK Scientific Advisory Committee on Nutrition Member

12.15pm	Registration and buffet lunch	2.40pm	Feedback/Panel Q&A: speakers
1pm	Aims and Objectives: Paul Midgley – Director of NHS Insight and HSJ Regional Networks, Wilmington Healthcare	3pm	Break
1.10pm	Chair Introduction: Prof Ian Macdonald	Session Two: Transforming Management of T2D	
1.25pm	RightCare Delivery Update: Dr Naheed Rana – NHS RightCare Delivery Partner and London Diabetes Lead	3.15pm	Remission from T2D – what's possible: Prof Macdonald
Session One: Transforming Prevention of T2D		3.30pm	What a Community Diabetes Service looks like in a developing health economy: Dr Kate Fayers – Consultant Diabetologist, West Hampshire Community Diabetes Service
1.40pm	Putting the DPP into practice and piloting the Digital Stream: Richard Clements – Programme Lead Service Transformation, NHS Barking and Dagenham CCG	3.45pm	Directed table discussions: <ul style="list-style-type: none"> • What is your experience of initiating diabetes reversal/remission therapy? • In your local area, do you have recently updated clinical guidelines for managing T2D? How well monitored are they for adherence? Could this be improved, if so how? What would the benefits be for patients and the local NHS? • What ideas or innovations could you adopt/adapt to improve patient outcomes and reduce the cost of T2D?
1.55pm	Redesigning the service pathway: Dr Ann Baldwin – GPsWI Diabetes, Clinical Director and Primary Care Lead, Clinical Lead for Diabetes, Havering CCG; QI Lead for North East London STP	4.15pm	Feedback/Panel Q&A: speakers
2.10pm	Directed table discussions: <ul style="list-style-type: none"> • How has the uptake of DPP changed in your area in the last 6 months for patients at highest risk of developing T2D? • What have you done in the last 6 months to improve access for those in this high risk group for whom the DPP format/time commitment isn't suitable? • How are the positive health behaviour changes made after an individual has completed the initial DPP programme being sustained thereafter? • Who else beyond primary care needs to be able to refer into DPP and how to do we engage them as part of the wider STP/ICS diabetes plan? 	4.35pm	Summary and key learning points: Prof Macdonald
		4.45pm	Close

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Presentation Overviews

Chair Introduction

Professor Ian Macdonald will give an introduction to the research evidence behind obesity, diet and movement and the link to type 2 diabetes, and ongoing work in this area and how this may predict future policy around diabetes prevention strategies.

Update on reversing T2D

Professor Ian Macdonald will give an introduction to the research evidence behind reversal of type 2 diabetes, and ongoing work in this area and how this may impact on optimal scenarios around type 2 diabetes management.

What a Community Diabetes Service looks like in a developing health economy

West Hampshire Community Diabetes Service was launched in 2010 and has established a model for community-based specialist care for patients with type 1 and type 2 diabetes. More recently Dr Fayers developed the WISDOM project in partnership with the local CCG and primary care clusters as a blue print for effective primary care management of Type 2 diabetes patients. The project has seen a rapid improvement in the number of patients achieving all three treatment targets and the model has spread to two neighbouring CCGs across two STPs

About Wilmington Healthcare

Wilmington Healthcare brings together the well-established healthcare insight and networking capabilities of Binley's, NHiS, Wellards and HSJ to create an unrivalled healthcare data, education and information resource with outstanding analytics capability to help you better understand and deal with your challenges.

About HSJ Regional Networks

Rebranded to fall under the established and respected HSJ events portfolio, the Networks series are free to attend meetings for NHS and associated healthcare professionals. Aligned to the development of integrated care systems, they provide a unique networking and learning environment across the health economy. Involving a broad reach of stakeholders, the meetings enable delegates to hear from specialist speakers and to address local challenges and priorities, which will help support better working arrangements and service change.